

# The Emotion Code Chart



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	Column A	Column B
01	<b>HEART OR SMALL INTESTINE</b>	
	Abandonment, Betrayal, Forlorn, Lost, Love Unreceived	Effort Unreceived Heartache Insecurity Overjoy Vulnerability
02	<b>SPLEEN OR STOMACH</b>	
	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self Esteem
03	<b>LUNG OR COLON</b>	
	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
04	<b>LIVER OR GALL BLADDER</b>	
	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
05	<b>KIDNEYS OR BLADDER</b>	
	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
06	<b>GLANDS OR SEX ORGANS</b>	
	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless